



THE NAG TIBBA ASCENT

The Nag Tibba Expedition is our gateway to the world of big mountains for younger participants!

At 9915 ft 'The Serpent Peak' is the highest peak of the Lesser Himalayas in Uttarakhand. The expedition starts with a short acclimatization trek where participants learn to pitch tents and set up camp. The trek routes meander through different terrains from lush green forests to rocky trails to vast meadows.

On the expedition, participants pitch tents to set up camp at different locations every day.



GENERAL AREA

Yamuna Pul, 25 kms from Mussoorie serves as the base camp for the expedition. The region is dotted with lively villages, meadows and is a natural haven.



WEATHER

Temperature in the region range between 9°C to 20°C.



TRAVEL

Delhi to Dehradun by AC Chair car on Dehradun Shatabdi at 6:45 am from New Delhi Railway Station. Dehradun to Campus by non-AC bus/Jeeps. Alternately, participants can fly into Dehradun to join the program.



ACCOMMODATION

Yamuna Pul serves as the base camp for the expedition. The campus has fixed accommodation and toilet facilities.

During the trek, participants pitch tents to set up camp at a different location every day.

3-person tents (provided by us) are allotted to a group of three participants.



TOILETS

There are no fixed toilets and baths on the trek. We carry a portable toilet tent with us to ensure participant privacy and safety. However, there is no provision for a bath on the trek.

While on the inme campus, there are built up toilets and baths. Baths have running water and fittings and hot water is provided. Toilets have WCs and hand faucets.



FOOD

Being well fed and hydrated is crucial to staying energised for the demanding days. A cook accompanies the group to help prepare wholesome and nutritious meals through the expedition. Water, soup or juice is also provided.



INSTRUCTORS & MEDICAL SUPPORT

1:6 instructor to child ratio.

Instructors include a mix of lady and male instructors.

An instructor trained as a wilderness medic will accompany the children on the trek.

A doctor is available at the base campus.



FITNESS & PREPARATION

This program might be more demanding than the usual physical activities you're used to.

We recommend a little jogging, stretching and exercise a few weeks before the departure to gain the flexibility and agility needed to truly enjoy the experience. Do this wearing the shoes you want to carry for the program—it'll help break into them.



DAY WISE PLAN

Subject to weather and logistics

DAY 1 - WELCOME arrive at Yamuna Pul. Settle in, get to know your instructors and other participants. Set expectations over a briefing session.

DAY 2 - PLAN & PREPARE Participants go for a long trek; learn mountain manners, and principles of 'Leave No Trace' camping. In the evening, prepare and plan for the expedition. Roles are assigned in smaller groups for cooking, cleaning and collecting firewood. These sub groups will perform each role in rotation as part of program learning.

DAY 3 - STARRY STARRY TREK Leave early morning by jeeps to Pantwadi village, the start point of the trek. Trek through pine trees to reach Burrastic Hole. Pitch tents to set up camp. First night under the stars!

DAY 4 - BASE CAMP Trek 4kms through a rhododendron forest to reach the Nag Tibba base camp named after the very popular temple of a local deity. The campsite has a huge meadow with a majestic sunset point offering a panoramic view of the mountains

DAY 5 - PEAK ASCENT Begin the steep ascent to Nag Tibba peak after breakfast. Trek through rhododendron forest to reach the next campsite at Gujeta

DAY 6 - DESCENT Start the descent after breakfast to move towards a different valley near Auntar village. Drive back to the campus. Time to celebrate the success!

DAY 7 - HOMEWARD A final de-brief and reflection session is held in the morning. Post lunch, leave the campus and board the train. Arrival by 10:45 pm, New Delhi Railway Station.

